



White Plains Troop 73

Cape Cod Biking Campout
Yarmouthport, MA

CAMPING GEAR
TO BE WORN, CARRIED OR PACKED



PACKED

RETURNED

PERSONAL GEAR

Bag lunch for Saturday with beverage

\$10-15 for buying Sunday clam-shack lunch on Cape Cod

\$5-10 for buying Monday fast-food lunch on drive home

Troop 73 Red Hat (worn on Saturday)

Backpack (packed with personal and Patrol gear)

Sleeping Bag for outdoor use - in waterproof bag

Ground Cloth for under or inside tent!!!

Troop 73 Green Tee Shirt(s) if you have one

Poncho or "waterproof" raincoat w/hood

Canteen or water bottle

Flashlight w/batteries

Personal First Aid Kit containing:

Band-aids, Antiseptic, moleskin, etc.

Personal Toiletry Kit containing:

Toilet Paper, Toothbrush/Paste, Comb/Brush

Washcloth & Soap, Metal Mirror if desired

Hiking Boots (should be worn on Saturday)

Other Footwear (sneakers for biking – no open toed shoes)

Personal Mess Kit (plate/bowl(s),utensils, cup/mug)

This checklist with items checked

Changes of underwear

Socks and extra socks

Another complete change of clothes

Sleepwear (sweats if desired)

Light/Medium Jacket for cool evenings/mornings

PATROL GEAR

Patrol Flag

Leaders with Notebook & pen

Patrol Menu and Duty Roster in zip loc bag

Patrol Crate or Bin and any and all gear the Patrol was responsible to bring

Don't forget the *forgettables*:

garbage bags, matches, seasonings, foil, paper towel, soap and scrubber sponge, etc.

OPTIONAL GEAR

Your OWN Bike Helmet

Day pack/knapsack/fanny pack if you have one – *must be brought empty*

Foam Pad or ***Thin*** Air Mattress

Scout knife, Compass, Camera

Boy Scout Handbook

***** NO AXE, TAG, OR OTHER BODY SPRAYS OR SPRAY-ON DEODERANTS *****

***** NO RADIOS/TVs, DVD/MP3 PLAYERS, VIDEO DEVICES, I-PODS, ELECTRONIC GAMES (in campsite) *****

***** NO WEAPONS - REAL OR TOY *** *** NO *****

***** NO COMPLAINING ABOUT THE CHECKLIST *****

***** *Cell-Phones* are not to be seen OR heard *****

(They may only be used by Scouts in an emergency situation)